F E L L O W S H I P 2018 ANNUAL REPORT

THE 12 STEP FELLOWSHIP LIVING FACILITIES
FELLOWSHIP FOUNDATION RECOVER COMMUNITY ORGANIZATION
SOUTH FLORIDA RECOVERY COMMUNITY RESPITE

A Year in Pictures



A LETTER FROM OUR FOUNDER AND CEO RICK RICCARDI



Dear Friends,

2018 has been a most gratifying year in the development of a tremendous team of "servant leaders". They are the most dedicated and committed people that I have ever worked with. This team has elevated the Fellowship organization to be recognized as THE model recovery residence and recovery community organization in the State of Florida. I could not be more proud of what they have accomplished. This report will help identify all the specific ways our team has engaged in supporting those accomplishments for the benefit of our residents and the recovery community.

In March of this year we merged with "Halfway to Heaven Sober Community", a small 14 bed

facility in Delray Beach. In December, we contracted to expand that operation to a 28-bed facility in downtown Delray Beach. It should be fully operational by March of 2019.

This year, we are proud to have partnered with County Agencies, the Broward County Sheriff Community Affairs Department and Holy Cross Hospital to establish an Emergency Room Recovery Pilot Program to help save the lives of overdose patients admitted and released from the ER. The six months program was a success and led to other hospitals in the County willing to participate.

Our new "Recovery Community Respite" Pilot Program was received with great enthusiasm throughout South Florida. In the 90-day trial program, we had 165 men and women utilize the facility. Our temporary facility proved to be a blessing for us to get this, one of a kind program off the ground. We will restart this initiative in 2019 at the Fellowship Living Facilities men's location.

This year Fellowship Living has taken the lead by providing the only housing available for people receiving Medically Assisted Treatment (M.A.T.), which is a new nationally supported government program.

Some of our residents had to deal with some very difficult living conditions this year. One of our fully occupied buildings had weeks of sewer system replacement issues but with true gratitude and appreciation the residents and staff made it work.

Fellowship's focus for the year 2019 will be in the areas of fundraising, grants and marketing. With the success of these essential efforts, we will be able to fill the financial gaps we experienced this year along with providing additional peer recovery support services and improvement of our facilities.

Rick Riccardi

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Fellowship Foundation

Rick Riccardi

CEO/Founder Fellowship Living Facilities, Inc. Fellowship Foundation

John Leman

Managing Consultant Recovery Outcomes Institute

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CEO/Founder Ventre Medical Associates

Drew Sattee

Attorney at Law

Sara Barkley

Chief Operations Officer Fellowship Living Facilities, Inc. Fellowship Foundation

Eddie Gloria

Chief Operating Officer Apha-1 Foundation

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Former CEO
Ocean Breeze Recovery

Susan Riccardi

Certified Recovery Residence

Administrator

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President/CEO Recovery Outcomes Institute

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Credit Reporting Advisor

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Chief Marketing Officer Recovery Unplugged

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Susan Riccardi

Certified Recovery Residence Administrator Fellowship Living Facilities, Inc

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Portfolio Manager United Asset Strategies

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Fifth Street Counseling Center

Fellowship Staff

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CEO/Founder

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Chief Operations Officer

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Controller

Kyle Pollock

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Managing Director Delray Beach Facility **Christine Riccardi**

Nutritionist

Luis Somoza

RCO Program Director

Men's House Managers - Margate

Andrew Gauhar

Jim Jeffers

Chad Smith

Dan Perlman

David Gurtman

Wayne Shideler

Women's House Managers - Ft Lauderdale

Rachel Giguere

Alicia Green

South Florida Recovery Community Respite

Matthew Rhodes

Markus Hanneken

Facilities / Maintenance

William Baugartner

Lee Mansfield

About Us

Fellowship Foundation RCO and Fellowship Living Facilities Inc. are both 501 (c)(3) non-profit corporations structured and staffed to help individuals suffering from substance use disorder. Over the last 13 years we have grown from the original 20 residents recovery house to a recovery community of 240 men and women residents receiving peer recovery support services, which includes housing for those on Medication Assisted Treatment (M.A.T.).

We are a Recovery Oriented System of Care (ROSC) organization. Our focus is to meet the needs of those in recovery and remove any barriers to continued recovery through peer to peer support, housing, education, advocacy, and service.

Our hope is that by building a strong community of those in recovery we can remove the stigma associated with addiction, thereby allowing more individuals to raise their hand for help when needed.

Through our community center and our recovery residences located in Margate, Ft. Lauderdale and Delray Beach, we have worked with over 16,000 individuals to provide housing, develop life skills, create jobs, offer recovery capital training, and a foundation for recovery.

Our community center provides Life Skills classes and a Back 2 Work Program. The full-time staff at our center also provides training and CEU's to recovery professionals and those looking to begin a career in recovery.

We host meetings including family support groups, AA, NA, CA, Adult Children of Alcoholics, and music therapy.

To meet the social needs of individuals, there are a variety of fun events held which include our Recovery Music Café on Saturday nights. This is an opportunity for individuals to socialize in an environment free from drugs and alcohol with likeminded individuals.

Our nutritionist provided services to over 300 of our residents at no-cost. We currently have 25 to 40 individuals actively involved in this program per month. We've also found that many new in recovery have neglected their physical and emotional health while active in their addiction. We partner with many different agencies get our residents back on track in all these vital health areas.

Individuals contacting us are provided with information on resources available in the community. Information requests vary from how to get a state ID when there is not a permanent address to what types of recovery pathways are available.

Fellowship Foundation Recovery
Community Organization and Fellowship
Living Facilities Inc. are here to SERVE the
community by serving those with
Substance Use Disorder in every possible
way.

South Florida Recovery Community Respite Pilot Program



About the Respite Pilot

The Recovery Community Respite offers a Temporary Sober Housing environment for those who have relapsed, are waiting for transitional living, or in transit to a court ordered program. The 90-day pilot stage of the program produced a staggering 98% successful program completion.

One hundred sixty-five lives were saved during the pilot stage of the South Florida Recovery Community Respite. Clients were provided with a safe place to stay, with 3 meals per day, various therapeutic groups, support meetings, clothing, and also got connected with a variety of resources to aid each and every one of them through their recovery journey.

Fellowship Foundation Recovery Community Center

"Recovery is the solution to addiction."

We know that living in recovery from substance use disorder is a continuous journey. Fellowship Foundation is here to help those in or seeking recovery and their families wherever they are along that journey.

Peer Recovery Support Services (PRSS)

Fellowship Foundation provides information and a wide variety of Recovery Support Services throughout the tri-county area. Community members receive the necessary information, direction, tools, support, and coping skills to start a new way of life and become successful in their recovery.

Educational Programs

- Recovery Coach Training
- Recovery Housing Manager Training
- Narcan Training Overdose Prevention
- Smoking Cessation Workshops
- Life Skills Training
- CPR Training

Support Group Meetings

Fellowship understands that recovery is not a one size fits all process. We support all pathways to recovery.

- Alcoholics Anonymous
- Narcotics Anonymous
 - Al-Anon
- Family Support Groups
 - MARA
 - Refuge Recovery
 - S.M.A.R.T.
 - and many others...



Fellowship Living Facilities

Serving the South Florida Recovery Community since 2005

Fellowship Living Facilities has been providing a safe, structured, and supportive environment for over 4000 men and women in recovery since opening its doors in 2005. It offers a wide variety of Recovery Support Services, which are designed to assist men and women who are in recovery achieve their goals. Once the resident makes a commitment to overcome their addiction to drugs and alcohol, he or she will be on the road to achieve Positive Recovery outcomes.

Weekly Program Reviews

Residents meet one on one with their assigned Sober Living Residence Manager on a weekly basis, and discuss their progress, meeting attendance, challenges experienced, and ways to resolve those challenges in a confidential setting.

Social Skills Development

Communication skills are the key to developing (and keeping) friendships and to building a strong social support network. They also help you take care of your own needs, while being respectful of the needs of others. People aren't born with good communication skills; like any other skill, they are learned through trial and error and repeated practice.

Nutritional Counseling

- One-on-One Nutritional Counseling Services
- Meal Planning & Preparation
- Supplements Education

- Customized Exercise Programs
- Food Shopping
- Cooking Classes

Measurable Recovery Outcomes

Fellowship Living staff utilizes the cutting edge A.R.M.S. platform that measures the progress of all residents. The platform allows staff to provide Recovery Navigational Support in order to assist residents and fulfill their unmet needs.

Medication Assisted Treatment (M.A.T.) Housing

Fellowship Living Facilities provides specialized housing to residents who are following a medication assisted treatment plan of care that is directed by a licensed healthcare provider.

Community Involvement















Member of:

- **❖** Pompano Chamber of Commerce Board of Directors / Trustee
- **❖** Margate Chamber of Commerce Past President
- **Stroward County Re-entry Coalition**
- **❖** Broward County Re-entry Housing Subcommittee Chairman
- ❖ Downtown Ft. Lauderdale Rotary Club Board of Directors
- ***** Greater Alliance of Ft. Lauderdale
- ***** Faces & Voices of Recovery
- **❖** ARCO Association of Recovery Community Organizations
- **❖** Floridians For Recovery RCO Board of Directors
- **❖** FADAA: Florida Alcohol and Drug Abuse Association
- ❖ FARR: Florida Association of Recovery Residences – Board of Directors / Treasurer
- **❖** NARR: National Association of Recovery Residences
- **❖ NAADAC: National Association of Addiction Professionals**
- **❖** MICAH: Margate Initiative for Community Action and Hope
- **❖** American Recovery Alliance Vice President
- **❖** Southeast Florida Recovery Advocate
- **❖** Floridians For Recovery RCO Board of Directors













Event Participation & Sponsorships



- **❖** Adopt a Street Programs Ft. Lauderdale and Margate
- **❖** Margate Elementary School Painted Classrooms and Exterior
- **❖** West Atlantic Grammar School Painted Cafeteria
- **❖** NW Senior Center Volunteer
- **❖** Atlantic Baptist Church Community Service
- **❖** Gateway Community Food Bank Volunteer
- **❖** Weekly Clean-up 441 AA Club House
- Unity Church of Pompano Beach Painted Entire Outside
- **❖** Margate Chamber of Commerce Carnival Car Parking
- **❖** William White presentation on peer-to-peer recovery Host
- **❖** Weekly Recovery Music Café Host
- ***** Family support meetings Host
- **❖** Narcan Training Host
- **❖** Recovery Golf Outings Host
- **❖** Art Therapy Workshop for Therapists Host
- **❖** ACA, Al-Anon, AA, NA, and CA Meetings Host
- **❖** Re-Entry Town Hall Meetings Host & Sponsor
- **❖** Recovery Coaching seminars Host & Sponsor
- **❖** Steered Straight − Sponsor
- **❖** Margate DARE Program Sponsor
- **❖** Fed Up Rally bringing awareness to overdosing epidemic Sponsor
- **❖** Broward Recovery month Sponsor
- * Tobacco Free Florida Smoking Cessation Program Sponsor



Our 2018 Numbers At A Glance

1,668

Hours our residents spent volunteering in the community in 2018

23,000

Individuals that came through our community center doors since we opened in April 2016

4,000+

Individuals utilized our recovery housing

100%

Our recovery house managers are each certified coaches and CPR certified

\$0

Salary of our Board

165

Lives saved during our 90day Pilot Stage of the Recovery Community Respite Program

729

Estimated hours spent on court advocacy services for those seeking recovery.

\$98,661

Given in homeless recovery support services at no cost.

3,654

Nights of free housing to homeless in recovery.

972

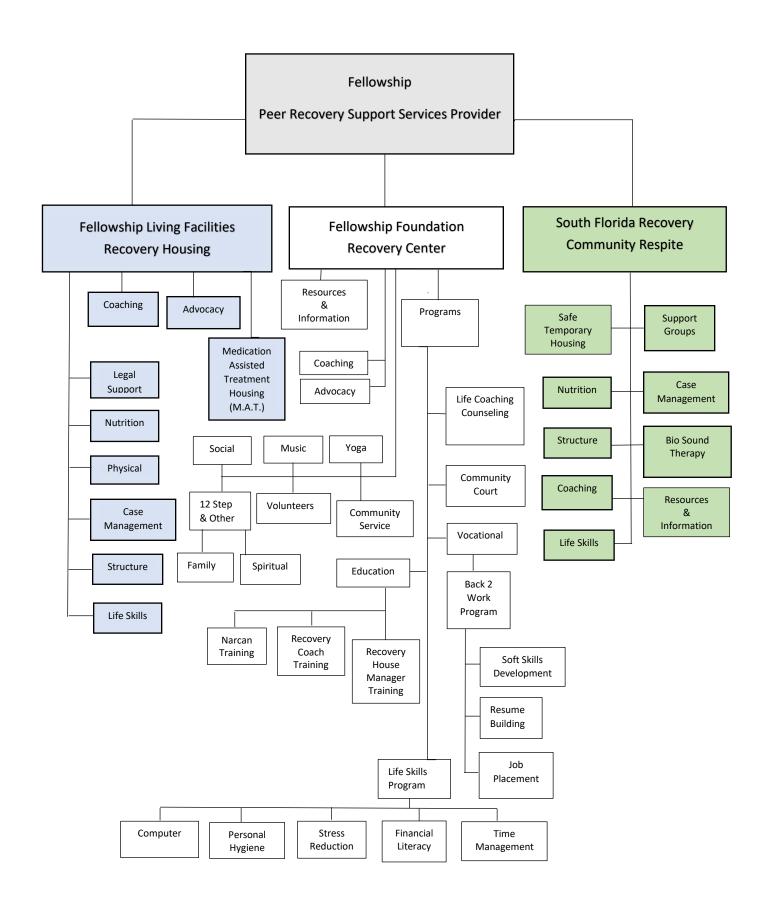
New Residents entered our Housing Program.

43%

Resident Success Rate

124

The number of individuals that were court ordered to our recovery housing program instead of Jail or Prison.



Friends of Fellowship

Thank you to the following donors for their generous support:

Friends up to \$1,000

Rene McNeil
Pace Kessenich
Linda Killi
Jack Braunstein
Eric Bronsveld

Paul Larson

Mark Schlieper

Ed Smith

Chris Seitz

Dr. Victor Riccardi

Ashley Hatcher

Glenn Dessel

David Weir

Keith Stewart

Metro Plastics

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Toasted Café

Spy Glass

JJ Vendors

5th Street Counseling
API Group
Cannatelli Builders
Dynamic Recovery

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Solutions Rehab
Banyan Health Systems
Zachary Nelson
Anthony McCann
Meridian Treatment Solutions
Dan Helinski

Believers

Rick and Susan Riccardi RMG Holdings Dr. Louis Riccardi Addictions Training Institute

Dream Makers

Drew Sattee
The Cushman Foundation

How Can We Support You in Your Recovery?



FELLOWSHIP FOUNDATION

RECOVERY COMMUNITY ORGANIZATION

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