

F E L L O W S H I P

2 0 1 9 A N N U A L R E P O R T

THE 12 STEP FELLOWSHIP LIVING FACILITIES
FELLOWSHIP FOUNDATION RECOVERY COMMUNITY ORGANIZATION
SOUTH FLORIDA RECOVERY COMMUNITY RESPITE

Our 2019 Numbers At A Glance

1,352

Hours our residents spent volunteering in the community in 2018

33,450

Individuals that came through our community center doors since we opened in April 2016

4,800+

Individuals utilized our recovery housing

100%

Our recovery house managers are each certified coaches and CPR certified

84.6%

Recovery Community Respite Program Completion Rate

1213

Lives saved since the launch of the Recovery Community Respite Program in September 2008

117

Estimated hours spent on court advocacy services for those seeking recovery.

\$135,139

Given in homeless recovery support services at no cost.

5,005

Nights of free housing to homeless in recovery.

737

New Residents entered our Housing Program.

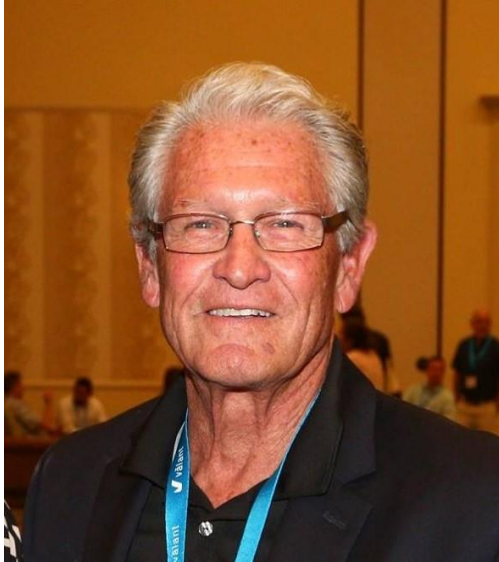
33.5%

Resident Success Rate

124

The number of individuals that were court ordered to our recovery housing program instead of Jail or Prison.

A LETTER FROM OUR FOUNDER AND CEO RICK RICCARDI



Dear Friends,

I am immensely proud of our Organization for its 2019 operational achievements. Our COO, Directors and Staff have been outstanding.

To highlight some of our accomplishments, let us start with our new Respite Operation. The 20-bed facility accommodated 1,213 men and women who had a reoccurrence of use from alcohol or drugs with no other safe place to go. I am proud that we can provide our lifesaving recovery support services to this vulnerable population. This new initiative has the full support from our managing entity Broward Behavioral Health Coalition (BBHC), this relationship is a major development for the future of our organization.

We had over 500 new recovery residents this year. The average length of their stay was 6 months.

Our new Delray Beach Recovery Residence became fully operational with 28 male beds.

Our Medication Assisted Treatment (MAT) Housing Program became fully operational and our standards have proven to be remarkably successful.

We measure ourselves by the recovery support services we provide and the connections to outside resources for our residents (see chart below). The development and implementation of these resources has been exceptional this year.

Thank you all for the great work you do.

Rick Riccardi



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Fellowship Living Facilities, Inc.
Fellowship Foundation

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Chief Operations Officer
Fellowship Living Facilities, Inc.
Fellowship Foundation

Susan Riccardi

Certified Recovery Residence
Administrator
Fellowship Living Facilities, Inc.

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Chief Marketing Officer
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Wayne Shideler

Women's House Managers – Ft Lauderdale

Heather Smith

Alicia Green

South Florida Recovery Community Respite

Mathew Rhodes

Steven Fredericks

Kevin Lucas

Jose Moreta

Facilities / Maintenance

Lee Mansfield

About Us

Fellowship Foundation RCO and Fellowship Living Facilities Inc. are both 501 (c)(3) non-profit corporations structured and staffed to help individuals suffering from substance use disorder. Over the last 13 years we have grown from the original 20 residents recovery house to a recovery community of 240 men and women residents receiving peer recovery support services, which includes housing for those on Medication Assisted Treatment (M.A.T.).

We are a Recovery Oriented System of Care (ROSC) organization. Our focus is to meet the needs of those in recovery and remove any barriers to continued recovery through peer to peer support, housing, education, advocacy, and service.

Our hope is that by building a strong community of those in recovery we can remove the stigma associated with addiction, thereby allowing more individuals to raise their hand for help when needed.

Through our community center and our recovery residences located in Margate and Ft. Lauderdale we have worked with over 19,000 individuals to provide housing, develop life skills, create jobs, offer recovery capital training, and a foundation for recovery.

Our community center provides Life Skills classes and a Back 2 Work Program. The full-time staff at our center also provides training and CEU's to recovery professionals and those looking to begin a career in recovery.

We host meetings including family support groups, AA, NA, CA, Family Support Groups, Adult Children of Alcoholics, and music therapy.

To meet the social needs of individuals, there are a variety of fun events held which include our Recovery Music Café on Saturday nights. This is an opportunity for individuals to socialize in an environment free from drugs and alcohol with like-minded individuals.

Our nutritionist provided services to over 300 of our residents at no-cost. We currently have 30 to 45 individuals actively involved in this program per month. We've also found that many new in recovery have neglected their physical and emotional health while active in their addiction. We partner with many different agencies get our residents back on track in all these vital health areas.

Individuals contacting us are provided with information on resources available in the community. Information requests vary from how to get a state ID when there is not a permanent address to what types of recovery pathways are available.

Fellowship Foundation Recovery Community Organization and Fellowship Living Facilities Inc. are here to SERVE the community by serving those with Substance Use Disorder in every possible way.

South Florida Recovery Community Respite Program



About the Recovery Community Respite

The Recovery Community Respite offers a Temporary Sober Housing environment for those who have relapsed, are waiting for transitional living, or in transit to a court ordered program. 2019 produced a staggering 84.6% successful program completion.

One Thousand Two Hundred Thirteen lives were saved in 2019. Clients were provided with a safe place to stay, with 3 meals per day, various therapeutic groups, support meetings, clothing, and also got connected with a variety of resources to aid each and every one of them through their recovery journey.

Fellowship Foundation Recovery Community Center

“Recovery is the solution to addiction.”

We know that living in recovery from substance use disorder is a continuous journey. Fellowship Foundation is here to help those in or seeking recovery and their families wherever they are along that journey.

Peer Recovery Support Services (PRSS)

Fellowship Foundation provides information and a wide variety of Recovery Support Services throughout the tri-county area. Community members receive the necessary information, direction, tools, support, and coping skills to start a new way of life and become successful in their recovery.

Educational Programs

- Recovery Coach Training
- Recovery Housing Manager Training
- Narcan Training - Overdose Prevention
- Smoking Cessation Workshops
- Life Skills Training
- CPR Training

Support Group Meetings

Fellowship understands that recovery is not a one size fits all process. We support all pathways to recovery.

- Alcoholics Anonymous
- Narcotics Anonymous
- Al-Anon
- Family Support Groups
- Grief Support Groups
- Refuge Recovery
- S.M.A.R.T.
- and many others...



Fellowship Living Facilities

Serving the South Florida Recovery Community since 2005

Fellowship Living Facilities has been providing a safe, structured, and supportive environment for over 5000 men and women in recovery since opening its doors in 2005. It offers a wide variety of Recovery Support Services, which are designed to assist men and women who are in recovery achieve their goals. Once the resident makes a commitment to overcome their addiction to drugs and alcohol, he or she will be on the road to achieve Positive Recovery outcomes.

Weekly Program Reviews

Residents meet one on one with their assigned Sober Living Residence Manager on a weekly basis, and discuss their progress, meeting attendance, challenges experienced, and ways to resolve those challenges in a confidential setting.

Social Skills Development

Communication skills are the key to developing (and keeping) friendships and to building a strong social support network. They also help you take care of your own needs, while being respectful of the needs of others. People aren't born with good communication skills; like any other skill, they are learned through trial and error and repeated practice.

Measurable Recovery Outcomes

Fellowship Living staff utilizes the cutting edge A.R.M.S. platform that measures the progress of all residents. The platform allows staff to provide Recovery Navigational Support in order to assist residents and fulfill their unmet needs.

Medication Assisted Treatment (M.A.T.) Housing

Fellowship Living Facilities provides specialized housing to residents who are following a medication assisted treatment plan of care that is directed by a licensed healthcare provider.

Community Involvement



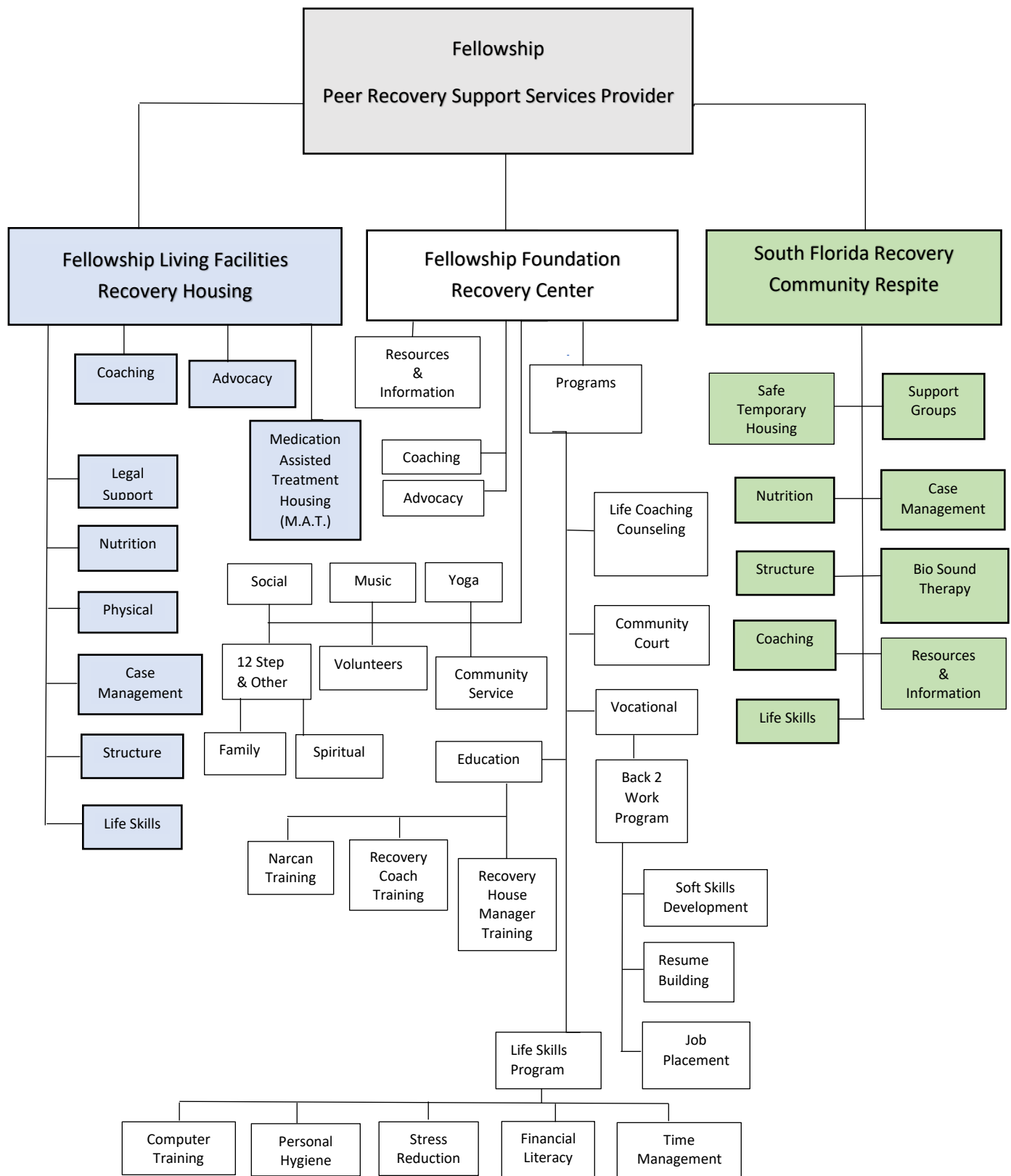
Member of:

- ❖ Pompano Chamber of Commerce – Board of Directors / Trustee
- ❖ Margate Chamber of Commerce – Past President
- ❖ Broward County Re-entry Coalition
- ❖ Broward County Re-entry Housing Subcommittee – Chairman
- ❖ Downtown Ft. Lauderdale Rotary Club – Board of Directors
- ❖ Greater Alliance of Ft. Lauderdale
- ❖ Faces & Voices of Recovery
- ❖ ARCO – Association of Recovery Community Organizations
- ❖ Floridians For Recovery – RCO – Board of Directors
- ❖ FADAA: Florida Alcohol and Drug Abuse Association
- ❖ FARR: Florida Association of Recovery Residences – Board of Directors / Treasurer
- ❖ NARR: National Association of Recovery Residences
- ❖ NAADAC: National Association of Addiction Professionals
- ❖ MICAH: Margate Initiative for Community Action and Hope
- ❖ American Recovery Alliance – Vice President
- ❖ Southeast Florida Recovery Advocate
- ❖ Floridians For Recovery – RCO – Board of Directors



Event Participation & Sponsorships

- ❖ **Adopt a Street Programs – Ft. Lauderdale and Margate**
- ❖ **NW Senior Center – Volunteer**
- ❖ **Atlantic Baptist Church – Community Service**
- ❖ **Gateway Community Food Bank – Volunteer**
- ❖ **Weekly Clean-up – 441 AA Club House**
- ❖ **Family support meetings – Host**
- ❖ **Narcan Training – Host**
- ❖ **ACA, Al-Anon, AA, NA, and CA Meetings – Host**
- ❖ **Re-Entry Town Hall Meetings – Host & Sponsor**
- ❖ **Recovery Coaching seminars – Host & Sponsor**
- ❖ **Broward Recovery month – Sponsor**
- ❖ **Tobacco Free Florida Smoking Cessation Program – Sponsor**
- ❖ **2019 Behavioral Health Day at the State Capital – Participant**
- ❖ **Ark of Freedom “Night on the Streets” – Sponsor and Participant**
- ❖ **Hopefest – Sponsor**
- ❖ **National Night Out – Participant**
- ❖ **ITM Blood Drive – Host**
- ❖ **Community Court – Provider**
- ❖ **BSO Re Entry Portal – Provider**
- ❖ **BSO SAP / Lifeskills Presentation - Provider**



Friends of Fellowship

Thank you to the following donors for their generous support:

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How Can We Support You in Your Recovery?



FELLOWSHIP FOUNDATION

RECOVERY COMMUNITY ORGANIZATION

Telephone:

(754) 205-7428

WWW.FFRCO.ORG

Email: Info@ffrco.org



Telephone:

Margate Men's Facility (954) 972- 9495

Delray Beach Men's Facility (561) 908-2689

Fort Lauderdale Women's Facility (954) 422- 2133

WWW.FELLOWSHIPLIVING.COM

Email: admin@fellowshipliving.com



Telephone:

Admissions (754) 757- 9147

Behavioral Health Day 2019

2019-2020 Behavioral Day at the Capitol, with nearly 175 attendees Fellowship staff traveled to Tallahassee to meet with their local legislator to share their story and advocate for behavioral health issues. The theme “Well. Beyond Healthcare: Prevent. Support. Recover.” encompassed the work you do each day. It represents the many pathways for individuals to achieve long-term recovery or managing their mental illness.





FELLOWSHIP FOUNDATION
RECOVERY COMMUNITY ORGANIZATION

South Florida
**RECOVERY
COMMUNITY
RESPIRE**

